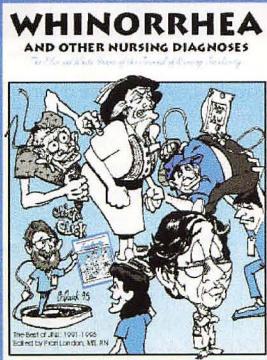


# THE JOCULARITY CATALOG

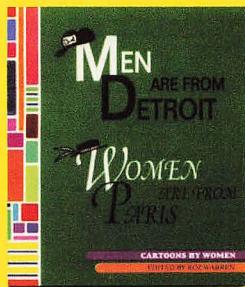
THE HUMOR RESOURCE FOR  
HEALTH PROFESSIONALS

## HOLIDAY GIFT CATALOG



Whinorrhea and other Nursing Diagnoses. This book is the best of the Journal of Nursing Jocularity's first three years. Over 200 pages of hilarious stories and sidesplitting cartoons. This book is the perfect gift for any nurse on your list. BK018BOB Whinorrhea and other Nursing Diagnoses. \$18.95. If you buy two or more copies, it's only \$15.95.

Men Are From Detroit, Women Are From Paris - cartoons by women, edited by Roz Warren. What do women really want from men? This book strips down the male psyche to its bare essence. Every type of guy you ever wanted to meet (or not meet) is lampooned in this hilarious little book. BK033MFD Men are from Detroit \$6.95



Earn Nursing  
CEUs on a  
Carnival Cruise  
to the Bahamas  
See Page 14

Get  
Nursing CEs  
at the  
Disneyland Hotel  
Special Offer!  
5 Day  
Disneyland Pass  
Only \$35 - See Page 12

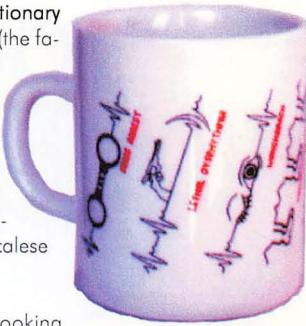
## MEDICALESE

A Humorous Medical Dictionary



## Medicalese: A Humorous Medical Dictionary

by Peter Meyer, MD, quotes Hippocrates (the father of medicine), "The doctor and nurse must have a ready wit, as dourness is repulsive to both the healthy and the sick." Medicalese delivers the wit, with cartoon-illustrated definitions poking fun at everything in medicine, from doctors to administrators, from supervisors to patients. Soft cover. BK019MED Medicalese \$9.95



EKG Mug features the most unusual looking rhythm strips that will be sure to make you chuckle. Includes "Sinus Arrest", "Ventricular Standstill" and "Urban Block". This ceramic mug comes boxed for easy gift giving. MG001HBM Heartbeat Mug \$7.50

Adult Children of Normal Parents Annual Convention T-Shirt by Jennifer Berman. Are there any of us out there! This Pre-Shrunk 99% Cotton t-shirt comes in white. Available in large and x-large. TS005WHT Adult Children T-shirt \$16.00



## THE JOCLARITY CATALOG

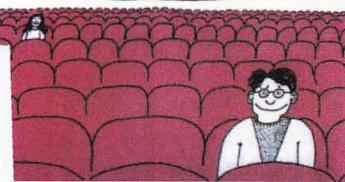
Welcome to the first edition of our full fledged JOCLARITY CATALOG. Previously our catalog has been a small insert in our publication, the *Journal of Nursing Jocularity*. With this catalog, we hope to provide health professionals with products that can be used to incorporate humor into their lives and their workplace, and to support health professional entrepreneurs in the development and marketing of humor related products.

We offer a selection of books, toys, tapes and other fun stuff related to healthcare. With each new catalog we will be adding more items. If this is the first time you have seen our catalog, be sure to let us know if you would like to remain on our mailing list. Of course if you order something you will receive our future catalogs.

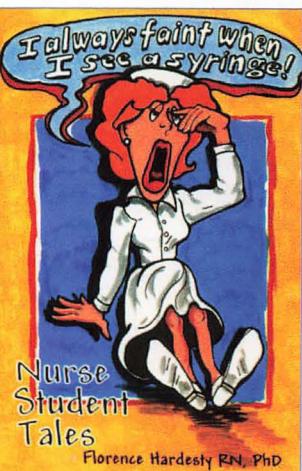
If you have a unique item that you think would be appropriate for our catalog, or have an idea for a product that you would like to see developed, you can call my office directly at 602-835-6165.

Happy Holidays!

Doug Fletcher, RN  
Jocularity Catalog



I Always Faint When I See a Syringe, by Florence Hardesty, RN, PhD. This delightful book is written honestly and straight from the heart by a retired nursing professor. Through the eyes of a teacher and the experiences of her students, Dr. Hardesty tells humorous and inspiring stories. Laugh with her and enjoy the joy and spirit of nursing. BK020SYR I Always Faint \$14.95.



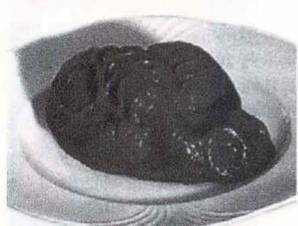
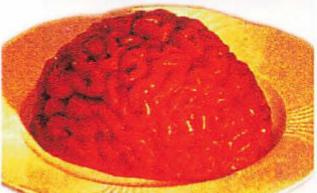


**Lumbar Mug** Put a little backbone in your coffee with the Lumbar Mug. A fun way to drink your morning libations! Dishwasher and microwave-safe, this mug fits comfortably in your hand and holds 12 oz. MS013LMC Lumbar Mug \$10.95

**Backbone Pen Holder** Anatomically correct lumbar vertebra from the human spine is cleverly drilled in the center to support a pen or pencil. Makes a great gift for your favorite nurse's desk top. Set of 2. MS012BPH Backbone Pen Holder \$4.95

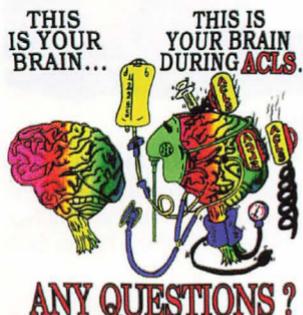


**Gelatin Brain Mold** Fill the plastic mold and a few hours later, out pops a life-size brain-shaped dessert! Experiment with different colors and flavors - which brain do you find the most delicious? Gross out your dinner guests or just have fun making and eating your "brain!" MS010BMP Brain Mold \$11.95



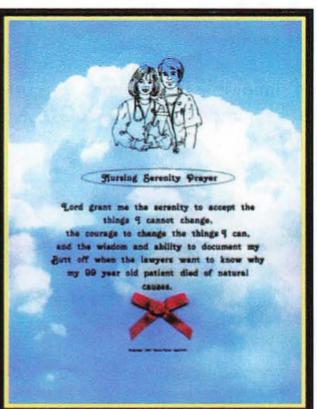
**Gelatin Heart Mold** Have a heart! A cherry gelatin heart, that is. This plastic mold will produce a realistic looking heart that you can eat. Start with the right ventricle, move to the coronary artery and then dig your spoon into the left ventricle for a delicious treat that won't block your arteries. MS011HMP Heart Mold \$11.95

Get both Heart and Brain Gelatin Molds at a Special Price. MS011BHM Gelatin Mold Set \$21.95



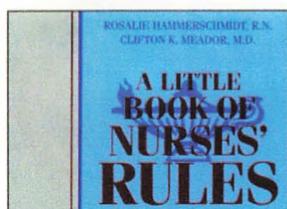
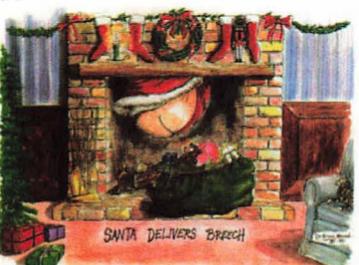
**ACLS T-shirt** This is Your Brain...This is Your Brain During ACLS. Whether you're facing your first ACLS mega-code or you just cringe when remembering, you'll enjoy this T that parodies the anti-drug message of the '90s. Printed in a bright kaleidoscope of colors on a white 50/50 T. TS014ACL, \$16.99

**The Nursing Serenity Prayer** This spoof of the famous "Serenity Prayer" comes beautifully printed on a serene, cloud-filled



background with a pink satin bow accent and framed in black and gold. The 8" x 10" prayer makes a great addition to any nurse's station. MS009NSP Serenity Prayer \$9.95

**Santa Delivers Breech Cards** This Christmas, send the card that will produce a smile along with your holiday message. Inside the card reads: "Christmas comes butt once a year." Boxed set of 12. CA003SDB Santa Delivers Cards \$12.00



**Little Book of Nurses' Rules** by Rosalie Hammerschmidt, RN and Clifton K. Meador, MD. This book of 347 rules about our practice styles, our patients, our colleagues and ourselves is humorous, entertaining, and thought-provoking. Would make a great stress reliever for any nursing station, lounge or restroom. A wonderful gift for any nurse. BK026BNR Little Book \$9.95

## Too Live Nurse

Bob Diskin, RN and Rick Glasener, RN decided that they would put their musical and theatrical background to use. Their music is not only entertaining, but educational. A huge hit at the 1995 and 1996 Humor Skills for the Health Professional conference, they entertain nurses coast to coast with a unique blend of humor that could only come from nurses.

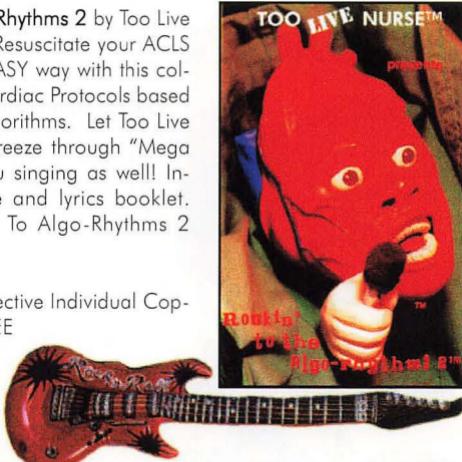


**Ineffective Individual Coping.** A slightly very twisted musical review of the "sicker" side of health care. Tired of bedpans, paperwork, and under staffing? Stressed out and overworked? Let Too Live Nurse help you laugh at it all! Too Live Nurse is the group that brought you "Rockin' to the Algo-Rhythms." Cassette Tape. Includes: The Bedpan Blues, Doin' The Incontinence Rag, Ventilate Me and more. **TA007COP** Ineffective Individual Coping \$10.00

**Rockin' To The Algo-Rhythms 2** by Too Live Nurse Productions. Resuscitate your ACLS skills the FUN and EASY way with this collection of Musical Cardiac Protocols based on the new ACLS Algorithms. Let Too Live Nurse help you to breeze through "Mega Code" and have you singing as well! Includes cassette tape and lyrics booklet. **TA001RAR** Rockin' To Algo-Rhythms 2 \$15.00E.

**Special Offer!** Order Both Too Live Nurse tapes, Ineffective Individual Coping and Rockin' To The Algo-Rhythms 2, and get a FREE "Air Guitar"!

44" Inflatable "Air Guitar". A must for any humor basket or humor cart. **MS006GUI** Air Guitar \$1.25



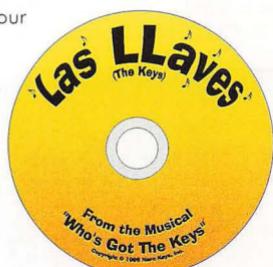
**The Nursing Notes**  
Another musical ensemble made up entirely of nurses. This RN Barbershop comedy quartet puts the "SING" in NurSING. A smash hit at the 1993, 1995 and 1996 JNJ Humor Skills conference.

**Health & Humor through Harmony** by the "NurSING Notes", with songs such as "While Strolling Down The Hospital Hall", "The Physician", "The Waiting Room" and "Patient Lament". **TA003HHH** Health & Humor Through Harmony \$10.00

## Who's Got The Keys?

Both Too Live Nurse and the Nursing Notes will be part of the upcoming nursing musical presented live on the Stage of the Disneyland Hotel Grand Ballroom, May 31, 1997. Held in conjunction with the 1997 Humor Skills for the Health Professional conference, this is a **one-time event that you won't want to miss**. The video tape will be available July 1997. Watch our catalog for details.

**Las Llaves!** This CD is the first single from the upcoming musical *Who's Got The Keys?* Las Llaves mean The Keys and each CD includes the line dance steps to go along with the music. You may already know some of the dance steps. When someone on your floor says "Who's got the keys," doesn't the whole nursing staff go through a little dance that looks a little like the Macarena? You know what we are talking about. Be the first on your unit to learn this new dance craze. **TA012LLL** Las Llaves \$5.00.



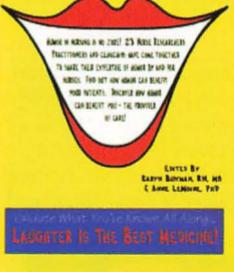
# THE BEST OF NURSING HUMOR

A collection of articles, essays, and poetry published in the nursing literature.

COLLEEN KENEFICK  
AMY Y. YOUNG

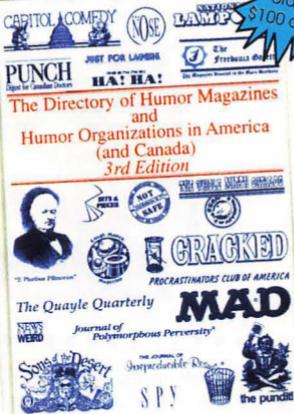
The Best of Nursing Humor - A collection of articles, essays, and poetry published in the nursing literature, compiled and edited by Colleen Kenefick and Amy Y. Young. This 167 page book contains scores of humorous writings about, by and for nurses punctuated by black and white illustrations. Hard cover. BK027BNH Best of Nursing \$27.00

## Nursing Perspectives on HUMOR



Nursing Perspectives On Humor. Long awaited book, edited by Karyn Buxman, RN, MS & Anne LeMoine, PhD. Humor

in nursing is no joke! 23 Nurse Researchers, practitioners and clinicians have come together to share their expertise of humor by and for nurses. Find out how humor can benefit your patients. Discover how Humor can benefit YOU! Soft cover. BK015NPH Nursing Perspective \$24.95



The Directory of Humor Magazines and Humor Organizations in America (and Canada) 3rd Edition



The Directory of Humor Magazines and Humor Organizations in America (and Canada) 3rd Edition edited by Glenn Ellenbogen, PhD. This is the first and only book to help you find humorous magazines, newsletters, newspapers; periodicals about humor; and humor organizations. It provides extensive listings and sample articles for each publication, plus cross indexing of periodicals. A writers market for humor. A great resource at a special price! List Price: \$34.95. Hard Cover. Special Offer! Order \$100 worth of items and receive this book free! BK016DHM Humor Directory Only \$14.95

23" Rubber Chicken Mandatorily for any humor basket.

Each rubber chicken includes the new 16 page booklet "A Nurse's Guide to Therapeutic Uses of a Rubber Chicken" by Fran London, MS, RN. MS004RUB Rubber Chicken & Booklet \$6.95



## A NURSE'S GUIDE TO THERAPEUTIC USES OF A RUBBER CHICKEN

by Fran London, MS, RN  
Editor, Journal of Nursing Satirically

# The HEALING POWER of HUMOR

Techniques for Getting through Loss, Setbacks, Upsets, Disappointments, Difficulties, Trials, Tribulations, and All That Not-So-Funny Stuff

ALLEN KLEIN

Foreword by Dr. Carl Sagan, M.D.

Free with orders of \$50 or more!

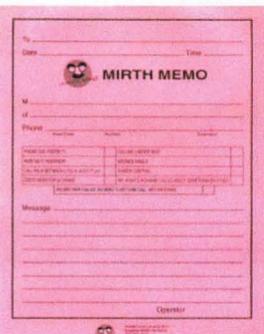
Healing Power of Humor by "jolly-tologist" Allen Klein. Techniques for getting through loss, setbacks, upsets, disappointments, difficulties, trials, tribulations, and all that not-so-funny stuff. Brimming with pointed, humorous anecdotes and learn-to-laugh techniques. "Provides practical advice as to the fundamental importance of humor and laughter." Steve Allen, comedian. BK006HPH Healing Power of Humor \$9.95

ANY KEY and PANIC computer keys. Personalize your computer keyboard with these fun, self-sticking keys. Free with orders of \$50 or more! MS001KEY Panic/Any Key \$3.00

ANY KEY

PANIC

Mirth Memos. These bright pink, 8 1/2" by 11", large memos get the job done! A perfect addition to any Humor First Aid Kit. Pad of 50. MS003MEM Mirth Memos \$6.95



## Patty Wooten, RN

For over 10 years now Patty has been educating nurses on the therapeutic use of humor. With all of her lectures also comes lots and lots of laughs. One of her most popular teaching tools has been her clown characters, including Scruffy the Clown, Nancy Nurse and Nurse Kindheart. We feature both of Patty's books and her hilarious Nancy Nurse Video.

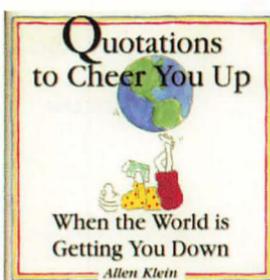
**Compassionate Laughter: Jest for Your Health** by Patty Wooten, RN. This delightful book explores the relationship between the emotions and the body, presenting evidence that laughter does indeed help keep us healthy and facilitates recovery from illness! It is peppered with hilarious anecdotes and conversations with Patty's clown characters, Nancy Nurse and Nurse Kindheart. BK018COM  
Compassionate Laughter \$12.95



**Heart, Humor & Healing** edited by Patty Wooten, RN. A delightful collection of inspiring, fun-filled and laughter-provoking quotes designed to promote healing in the patient as well as the caregiver. *"The book is good for more than your heart...It will help heal your life and body."* Dr. Bernie Siegel, Surgeon, author of Love, Medicine & Miracles. Patty's feature "Jest for the Health of It!" appears in each issue of the Journal of Nursing Jocularity. BK004HHH Heart, Humor & Healing \$9.95

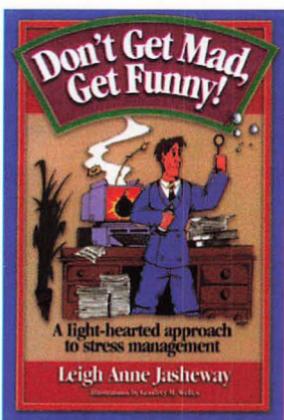
**The Perils of Nancy Nurse Video.** Bedecked with a bedpan, irrigation equipment and other gear for nursing combat, Nancy Nurse (a.k.a. Patty Wooten, RN)

delights audiences with her comic antics and hilarious stories. Filmed live at the JNJ conference at the Disneyland Hotel. Run Time: 45 minutes. TA008NAN  
Nancy Nurse \$29.95

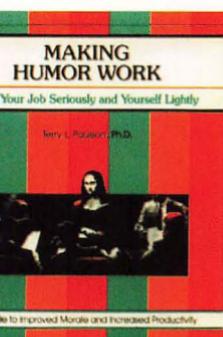
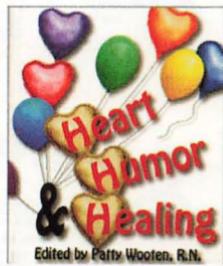
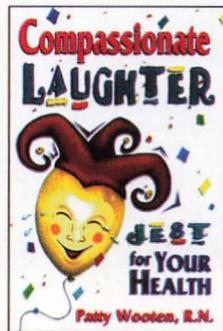


**Quotations to Cheer You Up When the World is Getting You Down** by Allen Klein will lift your spirits and tickle your fancy with classic quotations from the sublime to the ridiculous. This handy desk-reference offers over 750 witty quotations and is a great resource for writers, speakers and anyone who likes to have a perfect line on hand. Hard Cover. BK021QCU Quotations to Cheer \$9.95

**Making Humor Work** by Terry Paulson. Here's a quality book on humor in the workplace at a reasonable price. This book provides insights, provocative quotes, useful strategies, and practical exercises for upgrading your humor skills. Learn how a sense of humor promotes self-confidence and practice innovation-enhancing humor exercises. Learn to take your job seriously and yourself lightly. BK030MHW Making Humor Work \$9.95

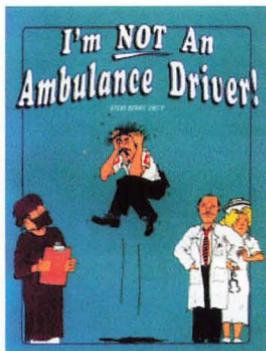


**Don't Get Mad, Get Funny!** by author and *Los Angeles Times* humor columnist, Leigh Anne Jascheway, MPH. Leigh Anne takes you on a fun and practical adventure of self-discovery, showing you how your innate sense of humor can help you cope with stress and lead a happier, healthier, more productive life. Learn to recognize the seven signs of stress, develop and implement your own stress-management plan, and find creative ways to put more laughter into your life and the lives of your patients. BK027DGM Don't Get Mad \$12.95



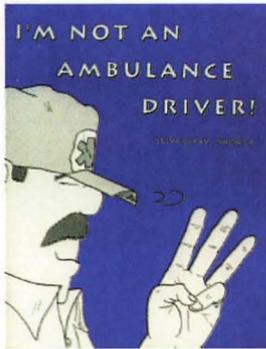
## Steve Berry, EMT-P

This very funny paramedic from Woodland Park, Colorado spends his spare time putting the funny side of EMS into hilarious cartoons. If you have worked anywhere near emergency care you will love his cartoons.



I'm Not An Ambulance Driver! by Steve Berry. A jam packed, funny cartoon book that takes a satirical look at life as an EMS provider. Steve has practiced the art of paramedicine since 1984 and in his words is "an advocate of humor and have come to find satire as my link to survival in a career so often marred with anguish and discouragement." Sound familiar?! BK017NAD Not An Ambulance Driver \$14.95

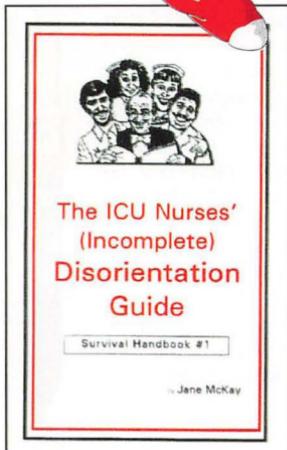
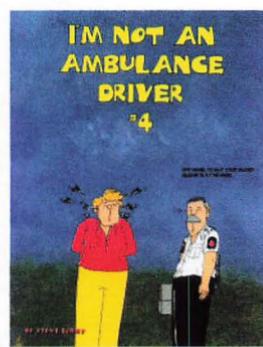
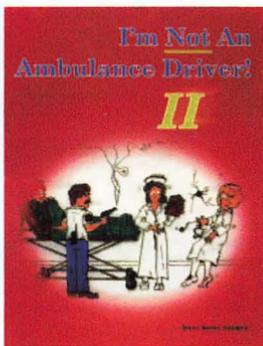
I'm Not An Ambulance Driver II by Steve Berry. Second book in the series by this very funny paramedic. BK017NA2 Not An Ambulance Driver II \$14.95



I'm Not An Ambulance Driver III. Even more hilarious EMS cartoons from Steve Berry BK017NA2 Not An Ambulance Driver III \$14.95

I'm Not An Ambulance Driver IV by Steve Berry. The latest in the series by Steve. Even more irreverent humor focused on the emergency medical system. BK017NA4 Not An Ambulance Driver 4 \$14.95

Special Offer! Buy all Four of Steve Berry's I'm Not an Ambulance Driver books and get a discount! BK017SET Not an Ambulance Driver Set Only \$49.95



THE ICU NURSES (INCOMPLETE) DISORIENTATION GUIDE, by Jane McKay. A handbook of humor from the trenches; includes specialized policies with criteria for shooting physicians, guidelines for training interns and instructions for visitors. Not for the general public or bedsides of the infirm! Free Softball Shooter (see description below) when you buy this book. BK005ICU ICU Nurse Guide \$7.00



I. Plastic Softball Shooter. Another fun toy to add to your humor basket. Great for when the doctors and interns get out of hand. MS005SHO Softball shooter \$1.25

J. 2" Sponge Clown Nose. One of the most versatile items in your humor basket. Get One Free With Every Order. MS006NOS Clown Nose. One Dozen for \$6.00



## Trama Gear T-Shirts

"Unique Sports Wear for Unique Professionals" Deisgned for the EMS crowd by the creatively twisted Paramedic, Brian Duke, and Registered Nurse Debbie Duke, a husband and wife team. Each shirt sports the Pocket-size "Trama Gear" logo on the front.

TRAUMA  
GEAR



"Sometimes All You Need Is A Good Paddling To Get You Back In Line" T-Shirt from Trauma Gear. This Pre-Shrunk 99% Cotton T-shirt comes in Ash. Available in large and x-large. TS002ASH Paddling T-shirt \$16.00

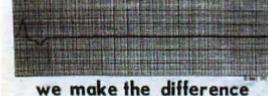
Going...



Going...



Gone...



we make the difference

E.R. Coma Scale		
Eyes	Rolling	Spontaneously 4
	During report	3
	After report	2
	As you leave	1
Best Motor Response	E.R. Dr. working <72 hrs straight	6
	>72 hrs straight	5
	E.R. Nurse on <16 hr shift	4
	>16 hr shift	3
	Nurse on arrival to give report to Dr. or nurse to give report to	2
	Responds to your report	1
Best Verbal Response	Ask why patient was brought to this facility	5
	States they were unsafe you were coming	4
	Staff uses inappropriate words	3
	Staff numbers incomprehensible sounds	2
E.R. Total	3-15	

Coma Scale T-Shirt This ash cotton pre-shrunk T-shirt is printed with the "E.R. Coma Scale" on the back, a hilarious spoof that lets you add the total for eyes, verbal and motor response when you bring a patient in from the field! L or XL TS011ASH Coma Scale \$16.00

It's not nice to



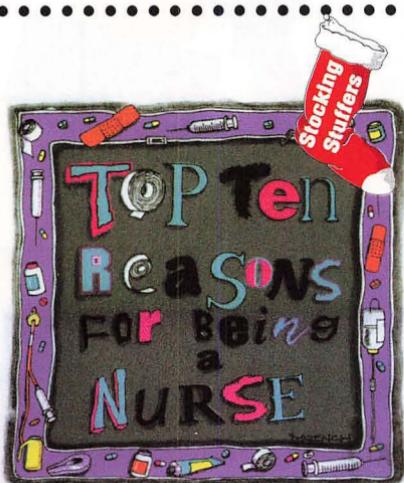
FIB

Don't be



Tachy

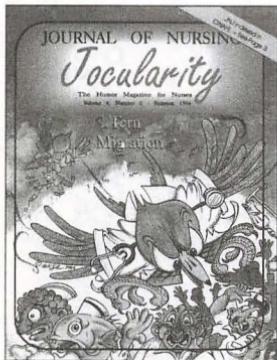
the front. The designs and their message are printed on the back in black and red. Available in large and x-large. TS012ASH Fib T-Shirt \$16.00 - TS013ASH Tachy T-Shirt \$16.00



Top Ten Reasons For Becoming a Nurse T-shirt. This 100% pre-shrunk cotton t-shirt is from the comic wit of cartoonist and anesthesiologist, Dr. Brian Moench. Front of shirt is design shown here. Back of shirt is the list, starting with "You enjoy working with really sick people . . . like doctors." Available in white. Sizes L or XL: TS008TEN Top Ten Reasons \$17.50, Size XXL: TS009TEN Top Ten Reasons \$19.95

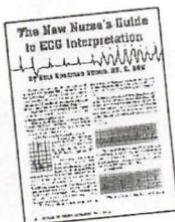
Syringe Pens Injecting a little humor into your life will be much easier with the aid of these hypodermic needle ball-point pens. Each is filled with a harmless red liquid and contains blue ink. Size: 5 1/4" long. 2 pens per set. MS014HMP Syringe Pens \$4.95





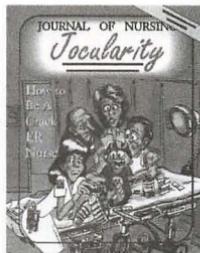
# What is the Journal of Nursing *Jocularity*

The Journal of Nursing Jocularity is the Humor Magazine for Nurses and Health professionals. It pokes fun at nurses, doctors, administrators, and all of the other stuff we deal with, all with a sense of humor tailored for health care professionals.



What's in the Journal of Nursing Jocularity? Satire about all aspects of health care, true stories with a humorous twist, ad parodies, cartoons and just fun stuff. But that's not all. We also include research and articles about the use of humor as a therapeutic tool, for ourselves and our patients. It's all about putting fun back into health care.

**How can I get the Journal of Nursing Jocularity?** Our regular price for a sample copy of the JNJ is \$3.00. But we have a special offer for customers of the Jocularity Catalog. Place any order and we'll send you a sample copy of the magazine free. That's a \$4.50 value. Just write FREE JNJ on the order form with your regular order.



If you would like to subscribe you can call us at 602-835-6165. We will get your subscription started and bill you when you get your first issue. Or you can order a subscription with your Jocularity Catalog order. Just enter item # SUB01JNJ for a one year subscription to the JNJ. The Journal of Nursing Jocularity is \$14.95 a year and is published quarterly.

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## THE VOCULARITY CATALOG

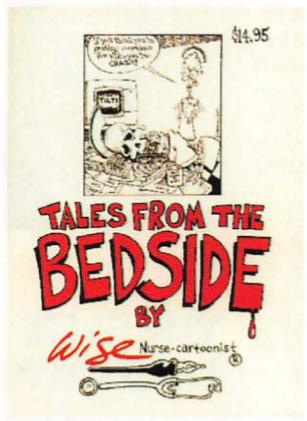
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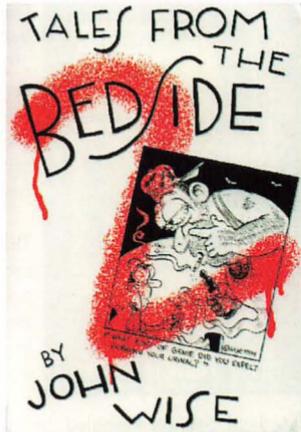
# John Wise, RN

A registered nurse who has turned a life-long interest in cartoons into a second career! His work has been featured in prestigious publications like The Funny Times, Saturday Evening Post and others. He has been drawing cartoons and illustrations for the Journal of Nursing Jocularity since it started in 1991.



**Tales From The Bedside.** The first book from artist John Wise, RN. Over 100 pages of hilarious cartoons about nursing and healthcare. Beware, John's cartoons aren't for the squeamish. BK002TFB Tales From Bedside 1 \$12.95

**Tales From The Bedside 2: "Over The Counter"** by John Wise, RN. More than 100 pages of outrageous cartoon humor for healthcare professionals and consumers! BK001TFB Tales From Bedside 2 \$10.95



Purchase both of John's books for a special price. BK003TFB Tales From Bedside 1 & 2 \$19.95

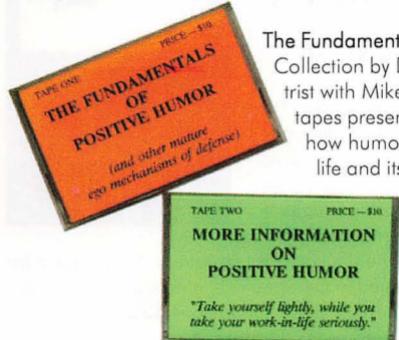


**John Wise Ceramic Mug.** This white 11 oz. mug has one of John's most popular cartoons on the side (see cartoon on left). "If you think you're getting overtime for this you've crazy." Perfect for your favorite beverage. MS015JWM Crazy Mug \$7.00

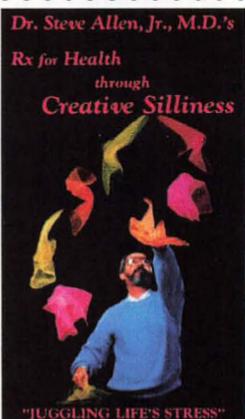
**The Nursing Process T-Shirt.** Another John Wise Classic on a white 50/50 t-shirt. This one speaks for itself. Sizes L, XL or XXL. TS015WHI Nursing Process T \$15.00



**Rx for Health through Creative Silliness** by Dr. Steve Allen, Jr. Steve takes you on a lighthearted journey using laughter and playfulness to juggle life's stress. Using his medical knowledge and his family's gift of humor and wit, Steve will help you laugh and play your way to less stress...and you'll learn how to juggle, too! A set of three juggling scarves comes with this 60 minute videotape. TA006RXH Rx for Health Video \$40.00

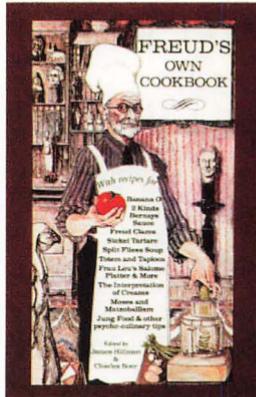


**The Fundamentals of Positive Humor - A Two Tape Collection** by Dr. Christian Hageseth III, Psychiatrist with Mike Sloniker, Music Therapist. These tapes present a fundamental understanding of how humor constitutes a mature response to life and its adversity. Dr. Hageseth has been a popular and well received speaker at the 1993, 1994 & 1995 Journal of Nursing Jocularity's Humor Skills Conference. TA002FPH Fundamentals of Positive Humor \$18.00

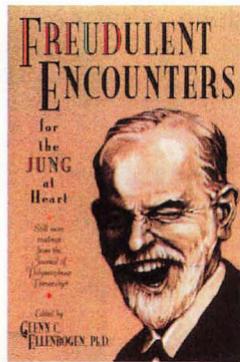


"JUGGLING LIFE'S STRESS"

Freud's Own Cookbook edited by James Hillman & Charles Boer. This hilarious parody of Freud's psychoanalytic theories includes delicious recipes for the orally fixated, such as "Slips of Tongue in Madeira Sauce," and the "Interpretation of Creams." Hard Cover. BK022FOC Freud's Own Cookbook \$25.00



Freudulent Encounters for the Jung at Heart edited by Glenn C. Ellenbogen, PhD is a collection of offerings from *The Journal of Polymorphous Perversity*—an irreverent, zany, satirical lampoon of psychology. It offers a welcome dose of humorous medicine into the aging fields of psychology and academia. Hard Cover. BK023FEJ Freudulent Encounters \$19.95



The Glue Factory by Geoff Simmons. A medical-spoof novel about a robot doctor who can do everything from curing piles to open-heart surgery. He also encounters several very odd forces that are trying to prevent his success. 205 pp. with illustrations. BK024TGF Glue Factory \$6.95

Medical Secrets Revealed by Jeff Charlebois, PH.D. (Pretty Hilarious Dude). This book makes a great addition to your humor cart. Patients will love Jeff's references to the insane world of medicine, doctors, and hospitals. You'll enjoy the hilarious definitions of your workday world!. Dave Barry calls it "the funniest experience I've had since my prostate exam." BK025MSR Medical Secrets \$14.95

## MEDICAL SECRETS REVEALED

### The Inside Scoop

► All "Incredibly Funny" facts and secrets known only by the hospital medical staff.

► Wacky techniques learned through the eyes of an *X-ray*!

*(Just a和尚 who was just happen to be an X-ray)*

**Jeff Charlebois, P.H.D.\***  
(\*Pretty Hilarious Dude)

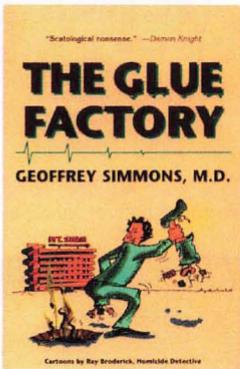
In Collaboration with  
Gene Mitchener

## HUMOR and the Health Professions

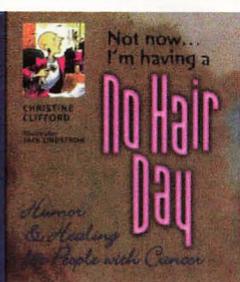
The Therapeutic Use of Humor in Health Care  
Second Edition

VERA M. ROBINSON

Not Now...I'm Having a No Hair Day: Humor and Healing for People with Cancer by Christine Clifford. This book is one-of-a-kind, the first to approach cancer with a lighthearted touch. Christine Clifford's own and story and the book's positive, life-affirming message encourage cancer patients and loved ones not to let the disease keep them down. Its 60 cartoons reveal the vulnerability and strength of the human soul. BK031NNH Not Now \$9.95

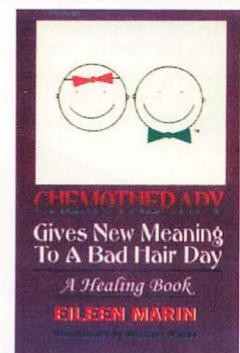


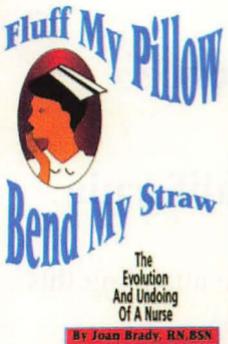
survivor. The first section includes the author's story, food for thought messages and illustrations of the trials and tribulations of daily life. It takes the reader from diagnosis to after care in words and cartoons. The second section is a blank journal that encourages use for one's own thoughts and feelings. BK028CGN Bad Hair Day \$11.50



Chemotherapy Gives New Meaning to a Bad Hair Day by Eileen Marin is a book that balances the emotional issues of a cancer diagnosis with humor. The author is a three time cancer survivor. The first section includes the author's story, food for thought messages and illustrations of the trials and tribulations of daily life. It takes the reader from diagnosis to after care in words and cartoons. The second section is a blank journal that encourages use for one's own thoughts and feelings. BK028CGN Bad Hair Day \$11.50

Humor and the Health Professions by Vera M. Robinson, EdD, RN. This book acknowledges humor as an appropriate and therapeutic technique for every patient care plan. Extensive coverage of humor in interpersonal relationships, patient education and the work environment greatly enhance the value of this book to all health care professionals. A must have for any health care professional interested in therapeutic humor topics. Softcover, 256 pages. BK032HHP Humor and the Health Professions \$25.00

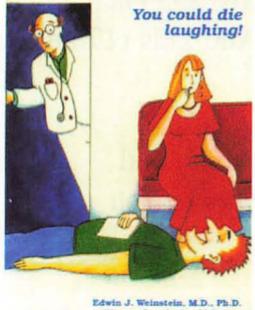




By Joan Brady, RN, BSN

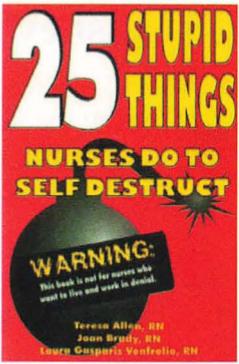
## Waiting Room Limericks

You could die laughing!



Edwin J. Weinstein, M.D., Ph.D.  
Illustrations by David Baxter

**25 Stupid Things Nurses Do To Self Destruct** by Teresa Allen, RN, Joan Brady, RN and Laura Gasparis Vonfrolio, RN. Increase your awareness as a nursing professional through such topics as: We Don't Stick Together, We Suppress Our Convictions, We Seek Out And Stay In Dysfunctional Relationships, and We Fight All The Wrong Battles. The book cover warns: "This book is not for nurses who want to live and work in denial." BK014STN  
Stupid Things Nurses Do \$19.95



Teresa Allen, RN  
Joan Brady, RN  
Laura Gasparis Vonfrolio, RN

**Waiting Room Limericks** by Edwin J. Weinstein, MD, PhD, illustrated by David Baxter. If laughter is the best medicine, then therapy can start in the waiting room! These irreverent limericks will keep you, and your patients, in stitches and give doctors a taste of their own medicine! BK026WRL Waiting Room Limericks \$9.95

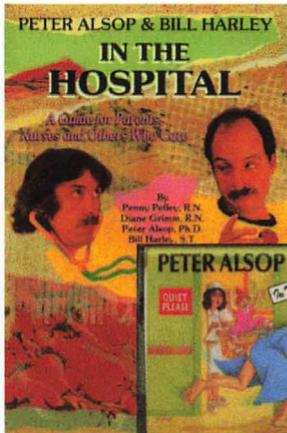


chordiac arrest! LIVE AND WELL!

**Chordiac Arrest, Live and Well** This audiotape features 14 songs (seven on the anterior side and seven on the posterior side) that will have you rolling in the hospital corridors! Chordiac Arrest is a quartet that began singing together on a "lark" but ended up winning their first competition. The group has been captivating audiences ever since with songs like "Ben Casey, Please Come Home" and "In My Neat Little Hospital Gown." TA013CAL Chordiac Arrest \$10.00

**Health Care FUN-damentals** by Karyn Buxman, MS, RN, is an independent study project comprised of 4 audiotapes & a booklet. Includes everything you wanted to know but were afraid to ask about therapeutic humor. Approved for

6.2 contact hours recognized by the ANA, ANCC & all states recognizing ANA approval system & by the California Board of Registered Nursing. CE credit optional. Karyn is considered an expert on therapeutic humor and her feature "HumorX" appears in each issue of the Journal of Nursing Jocularity. TA004HCF Health Care FUN-damentals \$59.95



**In the Hospital** cassette tape and book by Peter Alsop and Bill Harley. This delightful pair find themselves in the hospital together, singing and getting into musical mischief with the other kids. This set is designed to help children of all ages work through the fear of being in the hospital. Received the Parents' Choice Award. Fully annotated for medical professionals and parents. TA005ITH In the Hospital Tape & Book \$13.00

# Humor Skills for the Health Professional Conference May 30 - June 1, 1997 Disneyland Hotel, Anaheim, California

 Enjoy the sights and sounds of Disneyland while attending this fun-packed conference. Earn Nursing CEUs too!

 We also have a special offer for our guests staying at the Disneyland Hotel. Five Day Disneyland Passes for only \$35 each. Bring the Kids and make this a family event. And kids (17 and under) stay free at the Disneyland Hotel.

 Our Pre-conference workshop is Dr. Rick Brinkman and Dr. Rick Kirschner presenting "Dealing With People You Can't Stand," a smash hit at our 1996 conference.

 Presenters include Patty Wooten, RN, Karyn Buxman, MS, RN, Sandy Ritz, RN, MSN, MPH, Clifford Kuhn, MD, Fran Solomon, RN, Donna Strickland, MS, RN, CS and Lee Berk, DrPH, MPH, FACSM & Stanley Tan, MD, PhD, MPH.

 Conference sessions include: Survivor Humor in Disasters, Tumor Humor, Compassionate Laughter, Change, and Psychoneuroimmunology.

 **One event you won't want to miss.** The first ever production of "Who's Got the Keys," a Broadway style musical by, for, and about nurses! This is a one time opportunity to view this great show! See page 2 of this catalog for more details.

**For information, or a full brochure\*, call 602-835-6165. Our last conference at Disneyland almost sold out. Don't miss out on this exciting, educational, and fun-filled conference!**

\*Brochures will be available in early January. Get on our mailing list NOW!

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# Humor Skills for the Health Professional



You will learn...

- How to use humor in dealing with change
- The latest research on humor's contribution to physical health/wellness
- Techniques for utilizing humor in the health care setting

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**"Who's Got the Keys"**  
History's First  
Nursing Musical  
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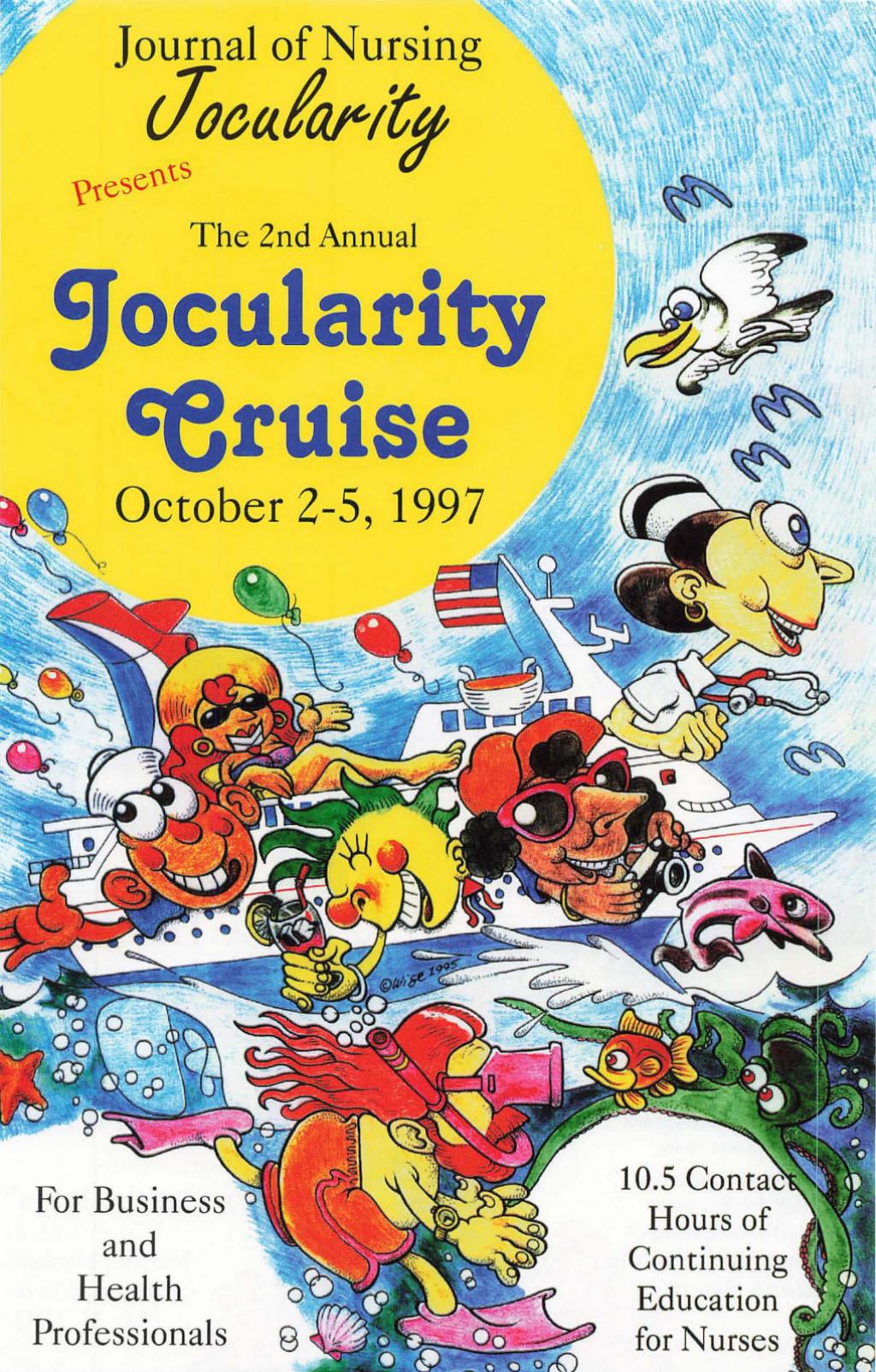
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The 2nd Annual

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October 2-5, 1997



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# Join us for the 2nd Annual Jocularity Cruise!



10.5 contact hours of nursing continuing education credits with our fun-filled program.

Learn how to use humor in the workplace, how to “prescribe” humor to lift yourself out of the doldrums, how to use humor in communicating with others, and, much more!



Speakers Include Karyn Buxman, MS, RN, Christian Hagseth, III, MD, Bob Ross and Denise Williams, OTR/L.



A three day cruise to the Bahamas aboard the Carnival Fun Ship, Fantasy. Three pools, jacuzzis, eight meals a day, fabulous nightlife aboard ship, or try your luck in the full gambling casino! And don't forget the wonderful snorkelling, diving or sight seeing excursions you can book in Nassau.



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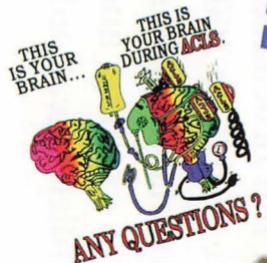
Before or after your cruise, you may choose to keep the good times going by booking an “Extended Vacation” in magical Orlando or on-site at Walt Disney World.



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Your First Resource For Fun Stuff for Health Professionals



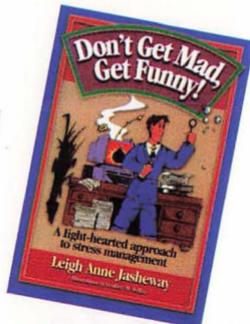
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